Name: Section:



Date: Score:



Compassion (Reading Response Activity)

Underline the word <u>compassion</u> each time you hear/read it. Then be prepared to answer the question given.



Compassion is a profound and essential human quality that can transform lives and communities. When we practice compassion, we extend a helping hand to those in need, acknowledging their suffering with empathy and understanding. This act of compassion not only alleviates pain but also fosters a sense of connection and solidarity among people. Moreover, self-compassion is equally important; by treating ourselves with the same kindness and understanding that we offer to others, we cultivate inner peace and resilience. In a world often fraught with challenges, compassion remains the cornerstone of building a more compassionate society, one where acts of kindness and compassion ripple outward, creating a brighter, more empathetic future for all.

> Why do you think having compassion for others helps "foster a sense of connection and solidarity among people?"

> > Respond with 4 sentences or more. Then discuss your response with a partner.