Name:

Section:



Date: Score:

## Write About a Conflict or Challenge You Have Faced

We have all experienced challenges and conflict in our lives. And we are certain to face them at work as well. However, not every person reacts to challenges or conflict effectively. Some people crumble under stress. Others run away from challenges instead of embracing them. While others see a challenge as an opportunity to learn and improve themselves.

Your mission for this prompt is to think about an example of how you dealt with a challenge or conflict. This is your chance to tell a story of how you overcame adversity. Maybe you didn't make the baseball team one year, and--instead of being sad--improved your game enough to make the team the next year. Or maybe there was a bully who picked on you, and you built up the courage to step up to him and ask him to stop. Or perhaps you struggled with geometry and decided to spend an hour each day dedicated to improving your geometry skills. Everyone has challenges and conflicts they face, and finding productive ways to deal with them is important.

## So once again, write about a challenge or conflict you've faced, and tell how you dealt with it.

