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COURAGEOUS What Does Courage Look Like For Me?



Courage is the mental or moral strength to venture, persevere, and withstand danger, fear, or difficulty. It involves the ability to confront adversity, challenges, or risks without succumbing to fear or intimidation. In fact, courage isn't the absence of fear but rather the willingness to face one's fears.

Courage can come in various forms. There is physical courage (such as facing physical danger), moral courage (standing up for one's beliefs or principles), emotional courage (dealing with difficult emotions or situations), and intellectual courage (challenging conventional wisdom or taking risks in pursuit of knowledge).

So now that you have a broad understanding of the meaning of courage, here is your question:

What does courage look like for me?	