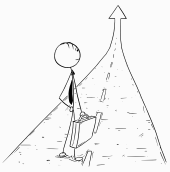
Name:

Section:

SCAN ME

Date:

Score:



Find Your Focus

Watch the video and fill out this worksheet

1) Make one to five AUDACIOUS goals.
These are goals others should see as “bold” and “daring.”

2) Write down one to five things that DISTRACT you. Then explain how you plan to limit these distractions.