

Name:

Date:

Section:

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# Your Journey as a Public Speaker

Most people are not born gifted public speakers. It is a skill that must be developed over time.

**For the following activity, you need to document your journey as a public speaker and create a plan on how you will improve your public speaking skills.**

1) When have you done public speaking in the past? Have you spoken in front of your classmates for a project? Have you spoken to family members? Have you spoken at church? Be specific about when you have engaged in public speaking, and explain how it went.

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2) On a scale of 1-10 (1 being low, 10 being high) how much do you fear public speaking? Be honest and detailed with your explanation.

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3) Why is public speaking an important skill for you?



Are you interested in starting a business one day? Do you want to fight injustice in your community? Do you want to improve your self-confidence? Everyone has personal reasons for improvement - so be specific about why public speaking is an important skill for you.



**TOLENTINO** TEACHING

**More resources here:**

**[briantolentino.com](http://briantolentino.com)**

