Name: Section:



Date:

Score:



## Write About a Time That You Demonstrated Grit



Grit is a personality trait found in individuals who display passion and perseverance toward their goals, even when faced with significant obstacles or distractions.

As author Travis Bradberry puts it:

"Grit is that 'extra something' that separates the most successful people from the rest. It's the passion, perseverance, and stamina that we must channel to stick with our dreams until they become a reality."

Your task:

Write about a time when you demonstrated grit. Reflect on a moment when you endured challenges or difficulties to achieve a goal.

Perhaps you moved to a new country and dedicated hours each day to mastering a new language until you became fluent.

Once again write about an experience where you displayed grit and determination to

Or maybe you didn't make the varsity soccer team one year, but—after a year of intense training—you made the team the following season.

vercome an obstacle and reach your goal.



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