

Name:

Section:



Date:

Score:



5 Freewriting Prompts for the New School Year



Freewriting is all about letting your thoughts flow onto paper. The goal: just write. Don't overthink it, don't edit, and don't let your inner critic hold you back. Whatever pops into your mind, let it out onto the page.

Here's your mission: Spend two minutes finishing each of the 5 sentence stems below. All the prompts are inspired by the new year and your journey ahead.

Let's begin.

By the end of the year, I will...

A habit I want to develop this year is...

I will step out of my comfort zone this year by...

I will improve as a student this year by...

This year I will practice self-care by...

For more resources like this, visit briantolentino.com

