

Name:

Date:

Section:

Score:



What is Textual Evidence?



Textual evidence is proof from a story, article, or paragraph that you use to support your ideas.

When you say something about a text, you need to show where you got it from.

Here are some sentence starters and useful phrases for inserting **textual evidence** in your writing.

- According to the text, “...”
- The text says, “...”
- In the passage, it states, “...”
- The author writes, “...”



Let's Practice Using Textual Evidence

Read the Paragraph:



Recycling is one of the most effective ways to reduce waste and help the environment.

According to the Environmental Protection Agency, recycling one ton of paper can save 17 trees and over 7,000 gallons of water. When people recycle, it reduces the need for landfills and lowers greenhouse gas emissions. However, many communities still struggle with low recycling rates due to confusion about what items can be recycled and lack of access to proper bins.

Answer the Questions with Textual Evidence:

1) How do you know recycling helps the environment?

(Use a sentence starter like: According to the text...)

2) Why do some communities have low recycling rates?

3) What is one statistic that shows the impact of recycling?

Read the Paragraph:



Sleep plays a crucial role in keeping our bodies and minds healthy. During sleep, the brain processes information from the day, and the body repairs muscles and tissues. Most teenagers need about 8 to 10 hours of sleep each night, but studies show that many only get around 6 hours. Lack of sleep can lead to trouble focusing in school, mood swings, and even health problems over time. Creating a consistent bedtime routine can help improve sleep habits.

Answer the Questions with Textual Evidence:

1. How do you know sleep is important for both the brain and the body?

2. Why is not getting enough sleep a problem for teenagers?

3. What is one statistic that shows how much sleep teens need?

Possible Answers:

1) How do you know recycling helps the environment?

According to the text, "Recycling is one of the most effective ways to reduce waste and help the environment."

2) Why do some communities have low recycling rates?

The text says, "Many communities still struggle with low recycling rates due to confusion about what items can be recycled and lack of access to proper bins."

3) What is one statistic that shows the impact of recycling?

The text says, "Recycling one ton of paper can save 17 trees and over 7,000 gallons of water."

Possible Answers:

1) How do you know sleep is important for both the brain and the body?

According to the text, "During sleep, the brain processes information from the day, and the body repairs muscles and tissues."

2) Why is not getting enough sleep a problem for teenagers?

The text says, "Lack of sleep can lead to trouble focusing in school, mood swings, and even health problems over time."

3) What is one statistic that shows how much sleep teens need?

The text says, "Most teenagers need about 8 to 10 hours of sleep each night."