

Name:

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## Face the Fear: 10-Sentence Story Challenge



Write a 10-sentence story about a character who faces something scary, hard, or new — and must overcome self-doubt to rise to the challenge. Follow the rule for each sentence below. Let your words be brave, just like your character.

**Sentence 1)** Begin with a moment of **hesitation**: Start your story with your character **asking a question** that shows **doubt or fear**.

*Example: What if I mess everything up again?*



**Sentence 2)** Use **body language** to show nervousness or uncertainty.

*Example: Her hands trembled as she reached for the door.*

**Sentence 3)** Describe the **setting**.

*Example: The audience in the auditorium waited for her to enter.*

**Sentence 4)** Include a **line of self-talk** — something the character says to themselves, positive or negative.

*Example: "Nobody will care what I say," she mumbled.*

**Sentence 5)** Show a moment when the character **almost gives up** — but don't let them quit just yet.

*Example: She turned to leave, but her feet wouldn't move.*

**Sentence 6)** Use a **simile or metaphor** to describe how the character's doubt feels inside.

*Example: The fear curled in her stomach like a sleeping snake.*



**Sentence 7)** Bring in a small **reminder of strength** — a memory, a voice, a phrase, or a person.

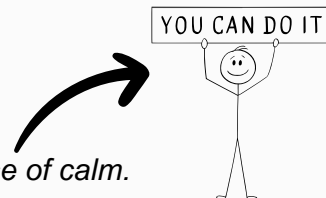
*Example: Then she remembered dad's voice: "You don't have to be perfect, just brave."*

**Sentence 8)** Let the character take a **first small step** — even if they're still scared.

*Example: She opened the door and took a step forward.*

**Sentence 9)** Show how it **feels to try**.

*Example: The auditorium full of people stared at her - and she felt a sense of calm.*



**Sentence 10)** End with a **transformation** — how has the character changed after facing their doubt?

*Example: She still didn't feel ready — but her dad's words of bravery filled her with courage.*

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