Your mission is to complete a series of tasks designed to sharpen your mind, awaken your curiosity, and prepare you for incredible discoveries. A true scientist must observe, experiment, and think critically—so read carefully and follow each step precisely.

Step 1: Write your full name neatly in the top left corner of this page. Scientists label all their data carefully, and your name is the first piece of information in your scientific journal. In the top right corner, write the name of a famous scientist. All great scientists must know those who came before.

- **Step 2:** Take a deep breath and hold it for five seconds. Exhale slowly. Now, look around the room and identify three objects made from different materials (wood, metal, plastic, paper, etc.). Whisper the names of those materials to yourself—scientists often begin by noticing the building blocks of the world around them.
- **Step 3:** Lightly tap your pencil three times on your paper—this signals the start of your experiment. Next, point to the sky and say the name of a planet. Then stretch your arms out wide like you're about to hug the universe and laugh. Great scientists are always a little silly.
- **Step 4:** Close your eyes for five seconds and listen. If you hear any sound related to nature (wind, birds, leaves rustling), write "Earth speaks" at the bottom of your page. If you hear only classroom noise, write "Lab environment steady." Every scientist must be tuned in to their environment.
- **Step 5:** On the back of the page, sketch a small beaker or test tube. Inside it, write a scientific word that you already know. Knowledge is the first ingredient in every experiment.
- **Step 6:** If your favorite science topic is space, draw a tiny star next to your name. If it's animals, draw a paw print. If it's plants, draw a leaf. If it's experiments, draw a spark. If you love all of them, draw a planet with a leaf, spark, paw, and star orbiting it.
- **Step 7:** Stand up quietly and spin in a slow circle like a planet in orbit. When you finish, gently sit back down and look at your hand. Wiggle your fingers and say: "These are tools for discovery."

Final Task: At the bottom of your page, write two reasons why you would make a great scientist. Be sure to include the word "marshmallow" somewhere in your explanation. Great scientists are also creative.

When you've completed all steps, fold your paper in half like a secret field report. Then place it on the corner of your desk, put your hands in your lap, and look toward your teacher. When they make eye contact, say: "Exploration complete. Ready for the next adventure!" True scientists are curious, patient, and always ready to learn more.